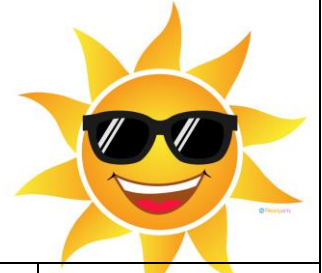
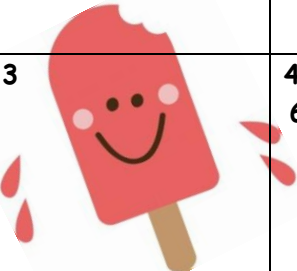





August 2025



Report and Consultation appointments reserved for:
Monday through Friday 8:30am-10:00am and 2:30pm-3:30pm (of any open day)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:45am - 10:30am	2
3 	4 6:45am - 10:30am 1:30pm - 5:15pm	5 6:45am - 10:30am 1:30pm - 5:15pm Outside Talk Belmont on Fit While You Sit	6 6:45am - 10:30am 1:30pm - 5:15pm 5:30pm: Bulletproof Your Body	7 6:45am -10:30am 1:30pm - 5:15pm	8 6:45am - 10:30am Team Quarterly Training!	9 
10	11 6:45am - 10:30am 1:30pm - 5:15pm Dr. Amanda Out of Office	12 6:45am - 10:30am 1:30pm - 5:15pm	13 6:45am - 10:30am 1:30pm - 5:15pm 5:30pm: Movement IS Medicine	14 6:45am -10:30am 1:30pm - 5:15pm	15 6:45am - 10:30am	16
17 	18 6:45am - 10:30am 1:30pm - 5:15pm Angel On Vacation!	19 6:45am - 10:30am 1:30pm - 5:15pm	20 6:45am - 10:30am 1:30pm - 5:15pm 5:30pm: Brain Health: Preventing Dementia	21 6:45am -10:30am 1:30pm - 5:15pm	22 6:45am - 10:30am	23
24 	25 6:45am - 10:30am 1:30pm - 5:15pm	26 6:45am - 10:30am 1:30pm - 5:15pm	27 6:45am - 10:30am 1:30pm - 5:15pm 5:30pm: Is AUTOIMMUNITY Affecting our Community?	28 6:45am -10:30am 1:30pm - 5:15pm Book Club: The Seven Spiritual Laws of Success By: Deepak Chopra	29 6:45am - 10:30am Dr. Mackenzie Out Of The Office	30 
31						

