

November

"You LIVE your LIFE through your NERVOUS SYSTEM-Be sure it is functioning OPTIMALLY through CHIROPRACTIC CARE"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 6:45am – 8:45am 4:00pm – 6:00pm Dr J OUT OF OFFICE!	2 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – Bulletproof your Body	3 6:45am – 10:45am 1:30pm – 5:30pm	4 6:45am – 8:45am	5
6	7 6:45am – 10:45am 1:30pm – 5:30pm	8 6:45am – 8:45am 4:00pm – 6:00pm Wesley Woods Talk	9 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – The Standard Process 10 Day Detox	10 6:45am – 10:45am 1:30pm – 5:30pm	11 6:45am – 8:45am Dr Tyler at Seminar	12 Dr Tyler at Seminar
13  Christine's 4 Year Anniversary!	14 6:45am – 10:45am 1:30pm – 5:30pm	15 6:45am – 8:45am 4:00pm – 6:00pm	16 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – Chiro BINGO: How well do you know Chiropractic?	17 6:45am – 10:45am 1:30pm – 5:30pm Book Club: The Monk Who Sold His Ferrari by: Robin Sharma	18 6:45am – 8:45am Gilford Community Church Woman's Group Talk @ 6PM	19
20 	21 6:45am – 10:45am 1:30pm – 5:30pm	22 6:45am – 8:45am 4:00pm – 6:00pm	23 6:45am – 10:45am 1:30pm – 5:30pm NO Spinal Workshop	24 Office Closed	25 Office Closed	26
27	28 6:45am – 10:45am 1:30pm – 5:30pm	29 6:45am – 8:45am 4:00pm – 6:00pm	30 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – Core Stability Exercises			