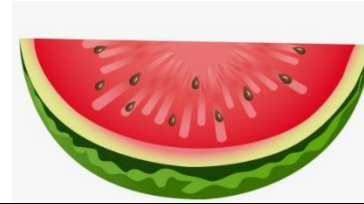




July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 	5 OFFICE CLOSED	6 6:45am – 8:45am 4:00pm – 6:00pm Team Training 11am-3pm	7 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – <i>Bulletproof Your Body</i>	8  6:45am – 10:45am 1:30pm – 5:30pm Dr. Amanda's 3 Year Anniversary	9 6:45am – 8:45am	10
11	12 6:45am – 10:45am 1:30pm – 5:30pm	13 6:45am – 8:45am 4:00pm – 6:00pm	14 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – <i>Everything Is Awesome: The Power of Positive Thought</i>	15 6:45am – 10:45am 1:30pm – 5:30pm	16 6:45am – 8:45am	17
18	19 6:45am – 10:45am 1:30pm – 5:30pm	20 6:45am – 8:45am 4:00pm – 6:00pm	21 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – <i>Sleep Well Strategies</i>	22 6:45am – 10:45am 1:30pm – 5:30pm	23 6:45am – 8:45am	24 
Dr. Jillian Vacation						
25 	26 6:45am – 10:45am 1:30pm – 5:30pm	27 6:45am – 8:45am 4:00pm – 6:00pm	28 6:45am – 10:45am 1:30pm – 5:30pm 5:30PM – <i>The Science of Human Connection</i>	29 6:45am – 10:45am 1:30pm – 5:30pm	30 6:45am – 8:45am	31

