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| **#CHIROBENEFITS**  APRIL | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | **1**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **2**  **6:45am – 8:45am** | **3** |
| **4**  **Angel’s 11 Year Anniversary!** | **5**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **6**  **6:45am – 8:45am**  **4:00pm – 6:00pm** | **7**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  **5:30pm – Bulletproof Your Body** | **8**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **9**  **6:45am – 8:45am** | **10** |
| **11** | **12**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **13**  **6:45am – 8:45am**  **4:00pm – 6:00pm** | **14**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  ***Dr. Jilian OUT***  **5:30pm – Live an Active Life With Healthy Knees** | **15**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  **Brianna’s Last Day** | **16**  **TEAM TRAINING**  **OFFICE CLOSED** | **17** |
| **18** | **19**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **20**  **6:45am – 8:45am**  **4:00pm – 6:00pm** | **21**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  **5:30pm – Hiking for Health** | **22**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **23**  **6:45am – 8:45am** | **24** |
| **25** | **26**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  **Dr. Amanda &**  **Dr. Tyler’s Vacation** | **27**  **6:45am – 8:45am**  **4:00pm – 6:00pm** | **28**  **6:45am – 10:45am**  **1:30pm – 5:30pm**  **5:30pm – Lifestyle Nutrition for Chronic Disease** | **29**  **6:45am – 10:45am**  **1:30pm – 5:30pm** | **30**  **6:45am – 8:45am** |  |