

# October 2018

*“Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day.” – Shira Tamir.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:45 – 10:45 AM 1:30 – 5:30 PM	2 4:00 – 6:00 PM <i>Bulletproof Your Body @ 6:00 PM</i>	3 6:45 – 10:45 AM 1:30 – 5:30 PM	4 6:45 – 10:45 AM 1:30 – 5:30 PM	5 <u>Office now closed</u> <u>Fridays for the</u> <u>Season</u>	6 
7 	8 6:45 – 10:45 AM 1:30 – 5:30 PM  <b>Dr. J Out of Office</b>	9 4:00 – 6:00 PM	10 6:45 – 10:45 AM 1:30 – 5:30 PM	11 6:45 – 10:45 AM 1:30 – 5:30 PM	12	13
14 <b>Dr. Amanda's Wedding!!</b>	15 6:45 – 10:45 AM 1:30 – 5:30 PM	16 4:00 – 6:00 PM <i>Natural Health Toolbox/ Juicing</i>	17 6:45 – 10:45 AM 1:30 – 5:30 PM	18 6:45 – 10:45 AM 1:30 – 5:30 PM	19	20
21	22 6:45 – 10:45 AM 1:30 – 5:30 PM	23 4:00 – 6:00 PM	24 6:45 – 10:45 AM 1:30 – 5:30 PM	25 6:45 – 10:45 AM 1:30 – 5:30 PM	26 	27
28	29 6:45 – 10:45 AM 1:30 – 5:30 PM	30 4:00 – 6:00 PM	31 <b>HALLOWEEN</b> 6:45 – 10:45 AM 1:30 – 5:30 PM			