




August 2018

"Be so happy that when others look at you they become happy too"



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6:45 – 10:45 AM 1:30 – 5:30 PM	2 6:45 – 10:45 AM 1:30 – 5:30 PM	3 6:45 – 8:45 AM	4
5	6 6:45 – 10:45 AM 1:30 – 5:30 PM	7 4:00 – 6:00 PM Bulletproof Your Body @ 6:00 PM	8 6:45 – 10:45 AM 1:30 – 5:30 PM	9 6:45 – 10:45 AM 1:30 – 5:30 PM	10 6:45 – 8:45 AM	11 
12 	13 6:45 – 10:45 AM 1:30 – 5:30 PM	14 4:00 – 6:00 PM	15 6:45 – 10:45 AM 1:30 – 5:30 PM	16 6:45 – 10:45 AM 1:30 – 5:30 PM	17 6:45 – 8:45 AM	18
19 Dr. Jilian ~ Vacation →	20 6:45 – 10:45 AM 1:30 – 5:30 PM	21 4:00 – 6:00 PM Positive Thinking @ 6:00 PM	22 6:45 – 10:45 AM 1:30 – 5:30 PM	23 6:45 – 10:45 AM 1:30 – 5:30 PM	24 6:45 – 8:45 AM	25
26	27 6:45 – 10:45 AM 1:30 – 5:30 PM	28 4:00 – 6:00 PM	29 6:45 – 10:45 AM 1:30 – 5:30 PM	30 6:45 – 10:45 AM 1:30 – 5:30 PM	31 6:45 – 8:45 AM	